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## Heat Related Illnesses

Summer is here and so are high temperatures across Missouri which increases the risk for Heat-Related Illnesses such as heat stroke and heat exhaustion. People with Intellectual/Developmental Disabilities may have an increased risk for heat related illness due to many factors. If untreated, heat related illness can lead to serious health risks. [Click](#) for more information on:

- How to observe for signs and symptoms,
- Decide on what common risk factors you or someone you are caring for may have, and
- Act to prevent heat related illness.